Dear Antonio Park Families,

Our Playgrounds and Usage
At our School Council meeting last Monday, School Council discussed and endorsed re-opening the bush playground for all students. The junior playground will remain just for students in Level 1 (Preps) and Level 2 (Yrs. 1 & 2).

We have had the new playground installed for approximately two weeks. During this time an assessment was conducted on the amount of students playing on the new junior playground and the bush playground. There were a lot of students in Level 1 and 2 playing on the new junior playground and a few older students playing on the bush playground. Previous to the installation of the new playground all levels played very safely together on the bush playground.

APPS has a systematic program of ongoing inspection and maintenance of our playground equipment to ensure it stays in good condition. Informing School Council’s decision to enable all students to play on the bush playground, School Councils are asked to consider the diversity of play experiences provided in the playground as a whole. Play complements the ‘formal’ curriculum in schools and quality play opportunities are an integral part of a stimulating learning environment. Through play, children interact and make friends, engage in role-play and extend their creativity; they test themselves physically and master skills, improve their fitness and health, and engage in self-directed activities that aid individual development towards independent adulthood.

Assembly
Every Monday morning from 9:00 a.m. to approximately 9:50 a.m. APPS’s community gathers to observe important traditions, share information, celebrate achievements, sing and have fun. Most weeks we have around 60 parents, grandparents and family members. At assembly the students are greeted with, “Salamat Pagi” (Indonesian for Good morning before 11:00 a.m.) and the students respond with, “Salamat Pagi, Mrs Patten teachers, parents and friends.” After the singing of our National Anthem, we have:

- presentations and awards
- environmental messages
- sports reports
- animal duty news
- birthday celebrations
- ‘Aussie of the Week’
- Entertainment such as choir, piano, singing/ and guitar performances

Our whole school assembly is a special time when all school community members can gather...it creates a wonderful sense of warmth and connectedness.

Karen Patten
Assistant Principals

LEARNING TOGETHER

We are looking forward to our P/T Discussions next week.
Level 2 & 4 on Tuesday 4 March and Level 3 on Wednesday 5 March.

Anaphylaxis
At Antonio Park Primary School, we are constantly updating our procedures, policies and training, to provide a safe and supporting environment for all of our students.

Last week, we provided information about anaphylaxis and the procedures in place at our school. Our school policy for Anaphylaxis has been reviewed this year and ratified by School Council.

ANAPHYLAXIS POLICY

PURPOSE
To identify students with anaphylaxis at enrolment and implement strategies and processes to ensure a safe and supporting environment for students at risk of anaphylaxis.

GUIDELINES
1. A colour coded Individual Anaphylaxis Management Plan for all students at risk will be developed in consultation with parent/carer and signed by a doctor. These plans will be reviewed annually in consultation with parent/carer.
   - Student Management Plans will be checked regularly by the First Aid Coordinator.
   - EpiPens will be checked regularly by the First Aid Coordinator. A letter will be sent home to parents/carer informing them of expired EpiPens.

2. Students and parents in each class with an anaphylactic student, in consultation with parent/carer, will be notified by letter of the strategies in place, to reduce the risk of exposure to anaphylactic triggers.

3. Canteen provider will be notified of anaphylactic students and will receive a photograph and anaphylactic trigger for those students at risk.
   - Photographs of anaphylactic students will be on display in staffroom, first aid room, canteen, class roll and given to all specialist teachers.

4. The school will have a risk management strategy for students at risk of anaphylaxis in place for camps and excursions.
   - An EpiPen will be taken on camps/excursions.

5. Training for all staff members in the treatment of anaphylactic students: how to recognise and respond to an anaphylactic reaction, including the administration of an EpiPen, will occur each year.
   - A practice of the procedure for an anaphylactic reaction in the school ground will be organised each year.

6. Staff will raise student awareness about severe allergies and the importance of their role in fostering a school environment that is safe and supportive for their peers. Classes with an anaphylactic student will avoid using foods in school programs that are likely to cause an anaphylactic reaction.

7. The school community and staff will be informed about anaphylaxis and the school policies through the weekly newsletter. The school’s Anaphylaxis Policy will be distributed to staff and the school community.
   - Casual Relief Teachers (CRT) will be informed of any anaphylactic students through the class role and CRT folder.

8. The Australian Society of Clinical Immunology and Allergy (ASCIA) Action Plan for Anaphylaxis will be displayed in the first aid room.

9. Parents/carer of anaphylactic students will supply an up to date EpiPen. A spare EpiPen is stored in the staffroom for emergencies.
   - School EpiPen will be labelled and stored in a container in the staff room cupboard clearly labelled.
   - Students’ EpiPens will be labelled and stored in a container in the students’ classrooms.

Ratified by School Council March 2014

Have a great weekend!
Annette & Jan

Library News: Thank you to Leah and Leigh Ann for covering our books. They are now on the shelves ready for taking home to share!
Happy Reading!

Library Team: Jan Mac, Mr. R and Margit
FURTHER NOMINATIONS FOR SCHOOL COUNCIL

Upon receipt of nominations from Tim Stuchbery and Tim Powell, who are declared elected to School Council for a two year period, there were two positions unfilled.

An election is to be conducted for two members of the School Council of ANTONIO PARK PRIMARY SCHOOL.

Nomination forms may be obtained from the school office and must be lodged by:

4.00pm on Tuesday 4th March, 2014

Following the closing of nominations a list of the nominations received will be posted at the school. The terms of office, membership categories and number of positions in each membership category open for election are as follows -

<table>
<thead>
<tr>
<th>Membership category</th>
<th>Term of office</th>
<th>Number of positions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent member</td>
<td>From the day after the date of the declaration of the poll in 2014 to and inclusive of the date of the declaration of the poll in 2016</td>
<td>2</td>
</tr>
</tbody>
</table>

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

If more nominations are received than vacancies, a ballot will be conducted.

Karen Patten
Principal
What’s Happening In Level 1?

Welcome Level Ones to the whole school newsletter! From now on you will receive your news, updates and reminders here. Please make sure you read it every Thursday.

We are having a great time in Level One as we continue to learn all our letters and their sounds. This week we focused on the letter Pp and words that ended in ‘at’. Next week we will focus on the letter Dd and the blend ‘ck’. This week during writing, students wrote a recount about making a paper plane with their buddy. This writing is going to be displayed outside our classrooms and some pieces will be displayed on the board outside the staffroom. If you walk through the corridors of the main school building you will see writing displays from all levels starting to go up. Take the time to have a read of students’ recounts from Level One all the way to Level Four! Next week we are starting a new genre, persuasive writing. We will be writing about why our families are the best!

This week in maths we have been creating graphs. We have been graphing all sort of interesting information including our favourite colour and the colour of our eyes. Next week we will return to a number focus.

It’s been great to see family photos and the world maps being brought into the classroom. The students love sharing about their family and we are finding learning about each other’s families and where they came from very interesting. Please bring a family photo and return the world map if you have not already done so.

A reminder to parents that all students need to be at school at 8.55am ready for a 9.00am start. Please ensure you are on time, as being late, even if it is only a minute or two is extremely disruptive to the class and does not allow your child enough time to independently complete their morning responsibilities.

Finally, just a reminder that next week the Level Ones are commencing full learning weeks, therefore will expected at school on Wednesdays.

Have a wonderful week!

Level One
Elizabeth, Stacey, Lauren and Sophie

What’s Happening In Level 2?

We have been working hard to complete our final ‘recount’ writing pieces this week. The students have enjoyed recalling past events and experiences and sharing these with their peers. We begin ‘persuasive’ writing next week.

This week we have been focusing on place value again in numeracy. Our focus has been how to write, model, read and order numbers up to the thousands.

We are looking forward to having our Parent/Teacher afternoon discussions on Tuesday evening. We look forward to you sharing information about your child with us.

Have a lovely week.

Level Two Team

What’s Happening In Level 3?

Wow, what a fabulous day we had at the Melbourne Museum last Thursday. We left school right on 9am and walked back in the gates at 3:30pm, with much excitement and interesting facts learnt along the way.

Congratulations to our level 3 students who spoke confidently at assembly about the event of the day. A huge thanks to our sensational parent helpers and also to Mr B for the organisation of the day.

It has been great to see so many students excited about their first homework task for the year. We have also been pleased with the students who have come and asked further questions about the tasks or required some clarification on setting out, etc. If you have any questions about homework please continue seeking assistance from your child’s class teacher. GO Level 3!

A reminder, that all students in level 3 require a communication wallet. This wallet needs to come to school every day so notices and literature books can be kept in good condition and passed onto parents. If your child has lost their wallet, a new one can be purchased from the uniform shop or a large pencil case will do the job.

Clean up Australia Day is tomorrow, students can bring gloves to school to use throughout their clean up.

Have a look at our wonderful museum page of photos!

Have a great week,

Level 3 Team

School Banking

This is a reminder that school banking day is on a Monday.
What’s Happening In Level 4?

Homework
A big thank you to our Level 4 students for the effort put into last week’s homework. It was great to see students extending and challenging themselves to go beyond the minimum. In the coming weeks we are encouraging students to showcase their skills, perhaps they are fantastic at using Publisher, PowerPoint or even iMovie! We would love to see them present their skills to the rest of their grade for a section of their homework.

Interschool Sport
This week we are playing Warranwood Primary School. Teams playing away are cricket, girl’s basketball, volleystars and rounders. All other teams will be playing at school. The Level 4 teachers have been very impressed with the sportsmanship shown by the students and their friendly, competitive nature! Be sure to check the noticeboard for interschool sport updates.
On Friday we have the playground opening and a free dress day, as the Level 4 students are representing our school both away and at home we ask that they remain in school uniform. They are able to bring their free dress in their bags and change after interschool sport and participate with the rest of the school activities if they wish.

Magazines or Catalogues
We are in desperate need of some junk mail! If you could hold onto your catalogues and send them into school with your child that would be excellent! We require a number of magazines for a maths challenge in the coming week. Thank you in advance!

Updates
There are some updates about Secondary Schools on the notice board as well as in the community noticeboard section of the newsletter, be sure to keep checking.

Camp
Level 4 students have been buzzing with excitement about camp this week. Deposits are required by Monday. Once we have received these we will distribute a permission envelope and medical form in a pack to all students to be returned all together. If you have any questions in regard to camp or financial hardship please come and speak with your child’s teacher. We are expecting all students to attend this fantastic event.

Buddies
It has been so pleasing to see our students participate responsibly in our buddies sessions! This week to tie in with our recount writing we made paper planes, decorated them, took them outside and had a flying challenge. The Level 1 students will be using this experience to write about in their portfolio task. We have been impressed to see our Level 4 students taking a leadership role with their buddy, supporting and encouraging them and ensuring they interact positively when they see them out in the yard.

Little A.P.P.S. Playgroup
Every Tuesday morning the little APPS Playgroup meets in the school hall from 9am—11am.
It is a great opportunity for your children to get to play with other children and for parent/carers to get to know each other over a cuppa.
Please come and join us.
If you have any questions please call Belinda Maaskant 0425 772 647
Education in Human Sexuality

40,000 young people and their families participate in Family Life Victoria sexuality education programs every year. These programs emphasise the importance of the family. Trained, experienced educators conduct programs that support parents in helping their children learn.

Session 1: Body Basics

Recommended for Years 1 & 2
- discussion about different types of families
- male and female differences
- names of body parts
- pregnancy and birth

Time: 5.45pm - 6.45pm

Session 2: Where Did I Come From?

Recommended for Years 3 & 4
- discussion about family relationships
- male and female body similarities and differences
- conception
- foetal development and birth

Time: 7.00pm - 8.00pm

Session 3: Preparing for Puberty

Recommended for Years 5 & 6
- helps prepare young people and families for the physical changes of puberty
- discussion about emotional changes of puberty
- periods and sperm production are explained

Time: 8.15pm - 9.15pm

Where: Antonio Park Primary School
When: Thursday, March 13, 2014
Admission: One session - $20 per family
Two or more sessions - $25 per family
Cash or cheque payable to Family Life Victoria

BOOKS AVAILABLE FOR SALE

Please complete and return with payment to your school by Friday 7th March.

Family Name: __________________________

We will be attending (please tick):  
Session 1  □
Session 2  □
Session 3  □

Family Life Victoria
T: (03) 9813 2377
P.O Box 532 Camberwell 3124
enquiry@familylifevictoria.org.au

www.familylifevictoria.org.au
School Nurse

Cathy Griffin, a visiting primary school nurse from the Department of Education and Early Childhood Development will be attending Antonio Park Primary School to conduct health assessments for our Level 1 (foundation) students and to see other children as requested by parents or teachers (with parents’ consent).

The purpose of the visit is to provide all Victorian children with the opportunity to have a health assessment, to link children, families and school communities to services available in the community and to provide information and advice that promotes health and wellbeing.

Parents are invited to contact the visiting primary school nurse if there are any issues they wish to discuss on 0418 392 415.

Parents of students in Levels 2-4 that wish their child to be seen by the school nurse need to complete a referral form that is available at the school office. This completed referral form needs to be returned to the school office.

School Value—Responsibility

Definition: Being responsible is to behave in a trustworthy sensible and reliable manner and to be accountable for your own actions.

Antonio Park Primary School Code of Conduct booklet.

Stop Press

Congratulations to the following students who placed first in the 4x50m relay event at the Division Swimming sports this morning:
Bridie C, Oscar W, JP, and Chantelle U.

Chantelle also won her 50m Butterfly and 50m Freestyle events.
Well done and we wish you all the best of luck at Regionals next week.
PAG ACTIVITIES CALENDAR 2014

PAG COMMITTEE 2014: Rachelle Noble, Vicki Kermode, Jodie Goulding.

This is a basic calendar of events which the new PAG committee are planning on building upon.

<table>
<thead>
<tr>
<th>TERM ONE</th>
<th>No fundraising events run by the PAG during term one as everyone works on the fete. A good time for planning and applying for Bunnings BBQs etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>TERM TWO</td>
<td>School Disco</td>
</tr>
<tr>
<td></td>
<td>Ivan’s Pie Drive</td>
</tr>
<tr>
<td></td>
<td>Entertainment Books</td>
</tr>
<tr>
<td></td>
<td>Mothers’ Day Stall – new co-ordinators Sharon Wilson and Caitlyn Porter.</td>
</tr>
<tr>
<td>TERM THREE</td>
<td>School Program Raffle</td>
</tr>
<tr>
<td></td>
<td>Fathers’ Day Stall – new co-ordinators Sharon Wilson and Caitlyn Porter.</td>
</tr>
<tr>
<td>TERM FOUR</td>
<td>Suggestions: shopping tour, market night or do a vision portraits fundraiser in time for Christmas.</td>
</tr>
</tbody>
</table>

Suggested activities from school council meeting 24/02/2014:

- Movie night – hire a large “blow up” screen.
- Band night – Cath Nisbet offered her band free of charge
- A “go-racing” night out for the parents as an alternative to the Trivia Night.

Christian Religious Education (CRE)

CRE is an approved program teaching about the Christian faith on a weekly basis (for ½ hour each class) in Victorian State Schools.

We are currently looking for another CRE teacher to help cover the number of classes at this growing school.

If this is something you would be interested in, or if you know someone who currently teaches CRE at another school and might be able to join our team as well, we would love to hear from you.

All Training and teaching material is provided.

Please leave your details at the School office if you would like to enquire more about the program and we will contact you asap.

Karen Dobby – CRE Team Leader
ICT around the school.

This term we are working towards making our school eSmart. All classes have been working with students on cyber safety and understanding how their digital footprint lasts on the internet forever. Teachers have also been discussing the importance of age appropriate applications, as not everyone that uses these apps has the best intentions in mind. We thought it would be a timely reminder for parents to check the age restrictions on some of the most popular apps we have been noticing being discussed in our class circles and ensure students either delete these apps or change their privacy settings.

Kik – over 17 years old
Vine - over 17 years old
Whatsapp - over 16 years old
Itunes account – over 13 years old
Facebook – over 13 years old
Snapchat - over 13 years old
Instagram - over 13 years old
Facetime - over 13 years old
Tumblr - over 13 years old
Pinterest - over 13 years old
Flickr - over 13 years old
Viber - over 13 years old
Skype - over 13 years old
Heytell - over 13 years old
Twitter - over 13 years old
Myspace – over 13 years old

Thank you for your support in making our students the safest internet users.
COMMUNITY NOTICES
(Please check the Community Noticeboard for further details)

- 1st Mitcham Joey Scouts presents "Come and Try Joeys" on Monday 3rd March 6-7 pm, at 1st Mitcham Scout Hall, Brunswick St, Mitcham. All children aged 6-7 yrs welcome. Please RSVP to Steve Cooper on 0413731528. Vacancies currently available.
- Sustainable Food and wine fair, Sunday 30th March 10am-4pm Box Hill Town Hall. Workshops, children’s activities, cooking demonstrations, stallholders plus lots more. Ph 9262 6333 or visit www.whitehorse.vic.gov.au/sustainable-living-week.html
- Blackburn High School High Achievers Program for highly able students, Information Night Tuesday 4th March 7pm. Ph 8804 6464 or visit www.blackburnhs.vic.edu.au
- ‘I give a Gonski’ Campaign van to visit Antonio Park Friday 28th February before school to provide information about the campaign. Please come along and enjoy a cuppa and learn how you can help.
- Donvale Magpies Auskick and Junior Football Opens for 2014 If you are interested you can register for Auskick on http://www.aflauskick.com.au/, contact Andrew Gilmour on 0402 894 782 or refer to the brochure on the community notice board. Auskick Program Starts: April 26th 2014 Donvale Junior Football Club Season Starts: April 6th 2014

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Walking School Bus Needs More Volunteers.

The Burnett Street Walking School bus has began walking to school every morning. 24 children are walking regularly on the Burnett Street Bus. We have 4 children waiting to join us on a Thursday but we need more parents to volunteer to help us on any day.

Unfortunately the Brunswick Road and Wattle Valley buses are still looking for walkers and volunteers to keep them walking. Do you live in these areas? Are you interested in helping? It only requires a commitment of one morning per week and we don’t walk if it is raining. Some of our parents walk every fortnight, others walk twice a week. Research has shown that children who walk to school are ready to learn when the school day starts as they have had the opportunity for some light exercise before school.

The Walking School Bus program at Antonio Park will celebrate it’s 10th birthday later in the year and we would love to celebrate that we still have all three routes operating.

Please contact Kaisha Gurry for further information, either by email: mickandkaisha@hotmail.com, or mobile: 0416 135 247.

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Fete News

APPS FETE GOES LIVE

Yes, the fete website is up and well and truly running! Thanks to Tim Stuchbury for putting it all together for us! The website, at www.appsfete.com is your one stop shop for everything fete! From this site you can access the volunteer database and instructions, important dates, food handling and hygiene info, sponsors details, cake stall label template, newsletters, expense reimbursement forms, fete attraction details, the list goes on and on! So, come on, no playing Minecraft tonight - log onto our website instead to have a quiz! And hey, while you are there you may as well volunteer to help out at the fete!

This is a reminder to all families that dogs are not allowed inside the school grounds.

We appreciate your consideration in this matter.
# Aussie of the Week Awards

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>1SP</td>
<td>Cooper</td>
<td>For always doing his best. You listen carefully and always put your hand up. Well done Coop.</td>
</tr>
<tr>
<td>1EA</td>
<td>Amy</td>
<td>For her fantastic efforts when writing. It is wonderful to see you having a go and working independently.</td>
</tr>
<tr>
<td>1LC</td>
<td>Tobias M</td>
<td>For making a great start to school, approaching all tasks with a positive attitude and demonstrating responsibility in your new role as JSC.</td>
</tr>
<tr>
<td>1SG</td>
<td>Madeleine F</td>
<td>For being a kind, polite and hardworking student. You are an absolute delight to teach. What an outstanding start to school!</td>
</tr>
<tr>
<td>2BC</td>
<td>Jackson C</td>
<td>For a great start to the year. Your confidence has sky rocketed!</td>
</tr>
<tr>
<td>2BW</td>
<td>Cooper S</td>
<td>For assisting other students during our writing sessions and displaying patience and kindness.</td>
</tr>
<tr>
<td>2CN</td>
<td>Harvey I</td>
<td>For always striving for his best and being a wonderful role model. Super work Harvey!</td>
</tr>
<tr>
<td>2JS</td>
<td>Jasmine</td>
<td>For completing a decorative published recount for us to share.</td>
</tr>
<tr>
<td>2LM</td>
<td>Ben G</td>
<td>For consistently trying to achieve his best work. What an awesome start to Grade 2! Top job Ben!</td>
</tr>
<tr>
<td>2MN</td>
<td>Jack</td>
<td>For being such an enthusiastic and positive member of the class. You give every activity your best shot and take pride in your work. Keep it up mate.</td>
</tr>
<tr>
<td>3AB</td>
<td>Oscar W</td>
<td>For being a responsible role model on our Museum excursion. It’s great to see you sharing your enthusiasm! What a star!</td>
</tr>
<tr>
<td>3DH</td>
<td>Taliah</td>
<td>For showing a real interest in our excursion to the Melbourne Museum asking interesting questions and carefully recording the answers. Great work Taliah.</td>
</tr>
<tr>
<td>3KT</td>
<td>Laura D</td>
<td>For showing the school values of independence and responsibility on our excursion to the Melbourne Museum!</td>
</tr>
<tr>
<td>3JD</td>
<td>Jayde</td>
<td>For being a kind and caring member of 3JD. You display a fantastic work ethic and put in 100% effort to everything you do. You make our grade a happy place to be.</td>
</tr>
<tr>
<td>3NA</td>
<td>Sophie C</td>
<td>Welcome to APPS.</td>
</tr>
<tr>
<td></td>
<td>Eden F</td>
<td>For displaying greater confidence in you abilities and producing an excellent swimming recount.</td>
</tr>
<tr>
<td>3RM</td>
<td>Hannah K</td>
<td>For your enthusiasm and love of learning. It was a joy to share the museum excursion with you. I learned a lot!</td>
</tr>
<tr>
<td>4CH</td>
<td>Lucas L</td>
<td>For striving to do his best work all the time and being an active participant in class activities.</td>
</tr>
<tr>
<td>4BR</td>
<td>Lachlan R</td>
<td>For your outstanding questioning. I love that you are always so engaged in your learning.</td>
</tr>
<tr>
<td>4CE</td>
<td>Ben Y</td>
<td>For having the confidence to share your ideas in our class discussions. You have had well thought out answers</td>
</tr>
<tr>
<td>4KD</td>
<td>Jessica G</td>
<td>For putting 100% into everything you do and always going about your work in a cheerful way.</td>
</tr>
<tr>
<td>4RF</td>
<td>Layla E</td>
<td>For thinking outside the box. Your research on your family history and the presentation of your new knowledge was outstanding. Way to go Layla!</td>
</tr>
</tbody>
</table>

**Performing Arts**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Connor H</td>
<td>For his groovy improvisation with the African drum, the ‘djembe’.</td>
</tr>
</tbody>
</table>
Back In Motion
School Shoes Guide

Eight tips to consider when buying your child’s shoes:

1. There should be between 12-17 millimetres (roughly an adult thumb width) of room between the end of the longest toe and the front of the shoe. This should allow approximately six months of wear.

2. Feet should be measured while standing, and both feet should always be measured. Since one foot is usually larger than the other, buy shoes to accommodate the larger of the two feet.

3. The sole of a child’s shoe should be relatively straight and not curving towards the big toe side of the shoe. This is because a child’s foot is very straight and does not curve as much as adults.

4. Footwear should bend only at the ball of the foot where the toes bend and not through the arch.

5. A soft, cushioning non-slip sole and a low, wide heel helps decrease jarring and strain through the foot, leg and spine.

6. As adults, we often say we’re “breaking in” a pair of shoes — this is a very bad idea for anyone, but particularly for kids. Shoes need to be immediately comfortable — don’t allow for a breaking in period or expect shoes to get more comfortable over time — they need to fit and feel good now.

7. Look for shoes made from breathable materials, such as canvas or leather. In addition to being more durable, they will help to keep the child’s foot cooler and dryer, helping to prevent blisters, discomfort, and smelly shoes.

8. While they may look cute, always avoid heels on children’s shoes. Not only is it difficult for kids to walk in heels, they are particularly bad for proper foot development. When it comes to children’s shoes, stick with flats and even soles.

Parents also question if their child requires specialist orthotics for their child if their walk is a little unusual or have an strange standing posture. The use of footwear for correction of foot or leg “deformities” in otherwise healthy children is a common practice for which there is limited evidence of effectiveness. Children usually grow out of these phases and best practice is a wait and see approach. Listen to your child and if they are reporting discomfort or pain with activity, adjust to more appropriate footwear and if this doesn’t succeed, see a physiotherapist.

Good luck and happy shoe hunting!

Your physio can ensure that your child’s shoes fit well and foster healthy development while they grow.

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1-11 Arcade Road, Mont Albert North
Phone 9895 2300

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- Fun

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You can find our other centres online: www.lynnslearning.com.au

1st Mitcham Joey Scout Mob

“Come and Try Joeys Night”

Monday 3rd March 2014

Joeys is for kids aged 6 to 7 years.

1st Mitcham Scout Hall
17 Brunswick Road, Mitcham
6 pm til 7pm

Contact: Group Leader Steve Cooper on 0413 731 528 to RSVP.

A.P.P.S. mum Jo Davis (Grubb) is the Joey Scout leader.

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