Freshly Made Sandwiches

All sandwiches are made from wholemeal & white bread. Salad consists of carrot, lettuce and tomato.

Wrap/Roll extra 0.60c
Toasted extra 0.20c

Ham (97% fat free) $3.00
Ham & cheese $3.20
Ham, cheese & tomato $3.50
Ham and salads $3.80
Roast skinless chicken $3.50
Roast chicken & salad $4.00
Tuna & mayonnaise $3.00
Tuna & salads $4.00
Egg, lettuce & mayonnaise $3.50
Salads (lettuce, cheese, tomato & carrot) $3.50
Vegemite $2.00
Cheese (lite) $2.20
Cheese & tomato $2.50

(All extras such as Cheese, Mayonnaise, Beetroot are extra 0.40c each)

Hot Food

Hot dog skinless (with tomato sauce) $3.20
Light meat pie $3.60
Light sausage roll $3.00
Light party pie $1.20
Steamed dim-sim (with soy sauce) 0.90c
Chicken dino snack x 3 pieces (oven baked) $2.00
Potato wedges serve with sour cream $3.50
Sweet chilli chicken tender $1.60
Sweet chilli chicken tender wrap with lettuce & mayo $3.80
Hot roast chicken roll with mayo $3.50
Chicken burger with lettuce & mayo $3.80
Beef burger with cheese, lettuce & tomato $3.80
Lasagne $4.00
Hawaiian wrap with ham, cheese & pineapple $3.80
Spaghetti bolognese $3.60
Special fried rice (Home made) $3.60
Vegetarian fried rice (Home made) $3.60
Macaroni cheese $3.60
Pizza (Hawaiian) $3.40
Pizza (Margherita) $3.40
Chicken noodles cup $3.00
Beef noodles cup $3.00
Corn cob $1.00
Garlic bread (1 slice) 0.50c
Tomato sauce 0.30c

Frozen Treats & Snacks

Fruit juice cup (Apple Blackcurrent, Orange, Apple) $1.00
Ice cream cup $1.20
Lemonade icy twists $1.20
Moose (Chocolate, Blue moon) $1.50
Frozen Apple-based slushies with one flavour $2.00
Extra flavour or stinger (sour flavour) 0.20c
Mini calipo (Raspberry or Lemon) $1.20
Street paddle pop (Chocolate, Rainbow, Banana) $1.50

Snacks

Popcorn (Butter or Salt & Vinegar) $1.30
JJ’s snacks $1.30
Red rock deli chips (Sea salt or Honey soy) $1.30
Choc chip muffin (Baked daily) $1.00
Homemade giant cookie $1.00
Lite apple pie (Serve warm) $2.50
Fruit salad jelly cup $1.00
Seasonal fruit $1.00

Drinks

Focus sports water (Blackcurrent) $2.20
Pop tops (Apple, Apple Blackcurrent) $2.20
Big M (Chocolate, Strawberry) $2.20
Just juice (Orange, Apple, Apple Blackcurrent) $1.60
Warm chocolate milk 250ml cup $2.00
(Serve with marshmallow)

Please feel free to drop by at the canteen to meet me or if you have any queries.
Sherlita - Canteen Manager

Issued Feb 2015