Dear Antonio Park Families,

New Playground Opening
Last Friday we had our new playground opening. Weather wise it was a magnificent day. It was wonderful to see so many families enjoying themselves, the children having fun and also the yummy food that was being cooked.

It was a terrific gathering of families, staff and friends. Thank you to the fete committee, Michael Gurry, Andrew Thomas, Katherine Goldsmith and Bart Maaskant and their many helpers for this event.

A special thank you to our Parent Activity Group (PAG), Kylie Sandow, Jeannine Vains and their many helpers, our teaching staff who lead JSC over the 18 months, Danni Harvey, Sophie Panou, Jana Densm, Ashlea French, our School Captains: 2014 – Emily V., Alex F., Jessica Z. and Alex Mc.; 2013 Captains: Natalie G., Tom N., Eliza K., and Ben N.; 2012 Captions: Patrick D., Emily S., Jarrod P. and Mae E. and all of our JSC students for their wonderful fundraising/community events to make this dream of a new playground come true!!!!

Presentation
At our whole school assembly last Monday Michael Gurry on behalf of the Fete committee and the school made a presentation to Eliza M for her wonderful deign of this year’s fete them ‘Carnivale’. Eliza is a past student of APPS and is in Year 11 at Mullauna Secondary College and is majoring in Visual Arts. Eliza certainly has a wonderful future in this area and is extremely proud to have been asked to complete this special work for her primary school.

Classroom Helpers Program (Literacy Partnerships for Parents)
Jan Mac is providing training sessions on Literacy Partnerships for our mums and dads. This is an excellent program that enables parents to support their child’s classroom teacher and provides skills/strategies for them to use at home with their own children. Great work Jan!!!!
Childhood is a crucial time for growing healthy minds. All children need care and support to develop and learn. Some children need additional help to reach their potential.

Mental health and wellbeing is vital for learning and life. Children who are mentally healthy learn better, benefit from life experiences and have stronger relationships with family members, school staff and peers. Good mental health in childhood also provides a solid foundation for:

- managing the transition to adolescence and adulthood
- engaging successfully in education
- making a meaningful contribution to society.

School is the most significant developmental context, after family, for primary school-aged children. Schools play a crucial role in building children's self-esteem and sense of competence. They can also act as a safety net and assist in protecting children from circumstances that affect their learning, development and wellbeing.

Schools, working closely with families and the community, are key environments for comprehensively supporting children's mental health and wellbeing.

**This is why APPS has become a KidsMatter school!**

KidsMatter is an Australian mental health and wellbeing framework that aims to promote mentally healthy primary school age children and the positive relationships within the school community. Through KidsMatter, schools undertake a two-to-three year cyclical process in which they plan and take action to be a positive community; one that is founded on respectful relationships and a sense of belonging and inclusion. KidsMatter also promotes:

- social and emotional learning (including evidence-based social and emotional learning programs)
- working authentically with parents, carers and families
- support for students who may be experiencing mental health difficulties.

When schools take on KidsMatter, they build on the work that they are already doing in these areas.

As a national initiative, KidsMatter provides a range of resources and support to all interested primary schools and these are provided free of charge. KidsMatter is funded by the Commonwealth Department of Health and is proven to make a positive difference to the lives of Australian children.

**What’s Happening In Level 1?**

In Literacy this week we have been focusing on the letter ‘D’ and the letter blend, ‘ck’. We are continuing to focus on high frequency words and we encourage all of the Level 1 students to be practising their lists each night. This week we are starting a new genre of writing. Every student across the school will be writing persuasive pieces for the rest of the term. We are so excited to introduce this genre to the Level 1 students. We will be writing a piece titled, ‘My Family is the Best’. We finished recount writing last week and this work is on display in the corridor between the office and staffroom. As there are four grades, not all of the work could make it onto these boards. Next week in Literacy we will be doing the letter ‘T’ with extension ‘tr’. We will be writing about the best pet.

In Maths this week we are doing number, focusing on connecting number names, numerals, quantities and including zero. Any practise of numbers from zero to twenty would be wonderful at home. Next week we will be doing two-dimensional shapes. At home with your children look for two-dimensional shapes around you and discuss how many sides and corners they have.

It has been wonderful that so many children have shared their ‘artefacts’ from the past. Please keep on bringing along these interesting items to share with the grade. Also many parents have dropped in to see our collections so far. This week the Level 2 children were reintroduced to persuasive writing in literacy time. A display to celebrate the last five weeks of recounts is near the library, please come and have a look.

In Maths we are working on place value. Some children can read very large numbers. They certainly enjoy sharing their skill reading numbers above the thousands and into the millions.

**What’s Happening In Level 2?**

As you know the fete is quickly approaching and all the Level 2 teachers and children will be participating, helping out with donations or working on a stall. Keep checking for notices that will keep you up to date with the requests and rosters for the fete.

This week you should have all received a Mathletics notice outlining this website and giving you your child’s username and password. We will be exploring this site with the students this week in class and explaining some of the functions of the website that they can utilise at home.

Last week we sent home a nurse referral form. These need to be filled out and sealed into the envelope that they came in. Please get them back to the classroom teacher as soon as possible.

The Level 1 Team
Elizabeth, Stacey, Lauren and Sophie

**Environmental News**

It has been fantastic to receive so many leaves back for the student’s family trees. Please continue to send these back to the classroom so the students can put their family’s tree together this week. If you need any more leaves please see your child’s classroom teacher. Please also continue to send in photos of your families for the world maps. Thank you again for your ongoing support in bringing back this information, it is wonderful to hear the students talking about their families.

This week you should have all received a Mathletics notice outlining this website and giving you your child’s username and password. We will be exploring this site with the students this week in class and explaining some of the functions of the website that they can utilise at home.

The Level 1 Team
Elizabeth, Stacey, Lauren and Sophie

**Metal 2 Metal**

**School Steel Challenge**

RAISE MONEY FOR OUR SCHOOL
RECYCLE SKIP IN STAFF CARPARK UNTIL WEDNESDAY, 12™ MARCH.

Recycle your unwanted steel/metal and we receive a payment for the weight of metal in the skip!
Small items can be placed into the skip when convenient – but please do not drive into car park during school hours.
Large items can be placed after 5.00pm school days but the gates are locked at 6pm.
Please remember – no children at the skip without adult supervision!
Recycle your unwanted steel/metal - fridges, white goods, tools, building/roofing metal scraps, fencing

Any questions – contact Janet George (usually in the art studio!)
What’s Happening In Level 3?

What a hard working bunch of students we have in Level 3! It is wonderful to see them focused on finishing their recount writing for display on our writing wall. We encourage the parents and families to come and have a look at their brilliant finished products which will be on display from the end of the week. It is incredible to see the process they go through and the creative touches put on final, published pieces – well done Level 3! Check out the photos of our students working through the writing process below.

Swimming Success!
Congratulations to the Level 3 students who have once again achieved excellent results at the Division swimming competition. JP, Oscar and Bridie have all made it through to the next stage in the 4 x 50m freestyle relay and we wish them all the very best of luck!

Meet the Teacher Discussions
It was wonderful for classroom teachers to get an opportunity to meet with parents this week to hear all about their children and how we can best help them to achieve at school. Thank you to parents for making the time to come in and chat!

CRE Classes
Religious education classes start this week. Each class has their own allocated session running for 30 minutes.

Enjoy the rest of your week!

Rachel, Alec, Danielle, Jana, Natalie and Kate
The Level 3 Team

APPs Fete Helpers
This is a shout out for some help from our Level 3 parents for the upcoming school fete. Each class has been allocated one or more stalls on which parents can volunteer their time. Please go to the fete website (also accessible through the school website) and allocate yourself a stall and time. Your help in supporting this fantastic school event is much appreciated!
Thank you to everyone for taking the time to attend the parent teacher interviews. It was a great chance to find out more about your children, work towards a common goal and strengthen the partnership between home and school.

Mathletics has started this week and students should have all received their username and password. It is a fantastic support for the tasks we are doing in class and will help your child with their automatic recall of number facts when they are challenging their friends at Live Mathletics. All Level 4 teachers would love to be the first class to win the class star at assembly!

Just a reminder to return your family life notices. It’s a simple, straightforward and sensitive program that discusses important aspects of the health curriculum including the physical, social and emotional changes at puberty.

Homework is due tomorrow. Please go through your child’s homework with them to ensure they are completing all sections and not leaving anything out. We have been very impressed at the standard of some of the homework coming in and the extra effort students are taking to ensure their homework is neatly presented in a creative way!

Interschool sport tomorrow is against Holy Spirit. Teams playing away this week are cricket, basketball open and girl and Tee-ball open and girls. Good luck to all teams!

DIVISION SWIMMING SPORTS
Congratulations to Chantelle U who has qualified for the Regional Swimming Sports tomorrow after winning both the 50 m freestyle and butterfly events. Chantelle was also a member of the successful 10 year freestyle relay team. Other members of the team are: Bridie C, Oscar W and James P. Good luck to all.

LEVEL 4 BUS LEVY
A reminder for parents to pay their bus levy. Now that we are into inter school sport and being billed for buses, this needs to be paid as soon as possible. Thank you.

Darren McMenaman
Phys Ed
Education in Human Sexuality

40,000 young people and their families participate in Family Life Victoria sexuality education programs every year. These programs emphasise the importance of the family. Trained, experienced educators conduct programs that support parents in helping their children learn.

Session 1: Body Basics

Recommended for Years 1 & 2
- discussion about different types of families
- male and female differences
- names of body parts
- pregnancy and birth

Time: 5.45pm - 6.45pm

Session 2: Where Did I Come From?

Recommended for Years 3 & 4
- discussion about family relationships
- male and female body similarities and differences
- conception
- foetal development and birth

Time: 7.00pm - 8.00pm

Session 3: Preparing for Puberty

Recommended for Years 5 & 6
- helps prepare young people and families for the physical changes of puberty
- discussion about emotional changes of puberty
- periods and sperm production are explained

Time: 8.15pm - 9.15pm

Where: Antonio Park Primary School
When: Thursday, March 13, 2014
Admission:
- One session - $20 per family
- Two or more sessions - $25 per family

Cash or cheque payable to Family Life Victoria

Please complete and return with payment to your school by Friday 7th March.

Family Name: ____________________________

We will be attending (please tick):  
Session 1 ☐  
Session 2 ☐  
Session 3 ☐
Antonio Park Primary School House Captains

The House Captains and I met to discuss their roles and responsibilities in relation to the APPS values. We look forward to working together for a very productive year.

How We Live Our School Values

Empathy
Helping other people in need and understanding how they feel.

Responsibility
Doing all our jobs and being a good role model.

Resilience
Always keep trying (including new things) and never giving up when things are tough.

Independence
Doing things yourself and not being reminded by others. Making your own decisions.

Confidence
Being brave and not putting yourself down. Assertively reminding students to look after equipment and to put basketballs, etc away.

Roles and Responsibilities

- Assisting with sports events eg Cross Country, Mini Olympics, etc.
- Helping with lunchtime sport and reporting to Assembly.
- Sports monitors ie putting away/setting up of sports equipment at end of playtime breaks and before/after school (basketballs, basketball/football post pads etc).
- Checking classrooms each Friday for equipment taken back during play breaks.
- Being an outstanding role model to all students within the school at all times.
- Helping students take care of the lunchtime equipment ie not kicking basketballs, bashing bats, climbing goal post padding etc.
- Be pro-active in playground issues to inform teachers and peacemakers as part of community leadership.
- Have exceptional role modelling behaviour, attendance and behaviour record.

Mr R and House Captains

Camp Australia:

Some of our activities this week are:

Craft: This week pin art has been very popular which was following on from last week, also we have been doing some autumn craft and creating some amazing patterns on paper leaves with food dye. We’ve also been making bugs and critters.

Outdoors: Lots of children have still been enjoying their cricket games, but basketball is also becoming popular again. We’ve had free play on both playgrounds, while some children have been playing tiggy and others have made up games of cops and robbers.

Cooking: This week we have made a banana cake, we will also have popcorn, chocolate balls, and lemon slice.

Indoors: Children have been making cubbies, Lego construction, playing card games and chess. They’ve also been making obstacle courses using the couches and cushions.

Just a few friendly reminders:
Please make sure you remember to book your children in either online or by ringing customer service, if it is a last minute booking please call the service mobile. As our numbers grow we also need the extra staff to cater for those children.
As for cancellations please call customer service or cancel online, but again if it is last minute please call the service mobile.
There is a Pupil free day on the 28th of March. We have an expression of interest form next to the sign in/out book if you require care for this day please fill in this form, as it depends on numbers if we will be able to open.

If you have any further enquires or questions please call us on 0412 545 042 or 1300 105 343 or visit our website www.campaustralia.com.au
COMMUNITY NOTICES
(Please check the Community Noticeboard for further details)

- Heathmont Jets Junior Football Club 2014 players required for U8’s and U10’s. Register now. Heatherdale Reserve Ph John on 0422 417 229 or Andrew 0407 530 363
- Heatherdale Auskick would like to welcome boys and girls 5yo to Grade 6 who are interested in joining the 2014 season. Commencing 3rd May to 16th August. Saturday 9-10.30am. Phone Chris 0409 944 858.
- Donvale Magpies Auskick and Junior Football Opens for 2014 If you are interested you can register for Auskick on http://www.aflauskick.com.au/, contact Andrew Gilmour on 0402 894 762 or refer to the brochure on the community notice board. Auskick Program Starts: April 26th 2014 Donvale Junior Football Club Season Starts: April 6th 2014
- Vermont Special School Fair, Saturday 29th March 11am-4pm. 22 Livingstone Rd, Vermont South.
- Heathmont College Open Night Wednesday 30th April 7-8.30pm. Tour Saturday 29th March 9.30 and every Tuesday and Thursday 9.15-10am. Ph 9871 4888 to book.
- Maroondah Singers is a Community Performing Choir and is looking for singers for all parts. Professional training provided. Monday night rehearsal 7.30-10pm, Mountview Uniting Church Hall, Mitcham. Ph 9873 2427 or visit www.maroondahsingers.org.au

Fete News

APPS FETE GOES LIVE

Yes, the fete website is up and well and truly running! Thanks to Tim Stuchbery for putting it all together for us!

The website, at www.appsfete.com is your one stop shop for everything fete! From this site you can access the volunteer database and instructions, important dates, food handling and hygiene info, sponsors details, cake stall label template, newsletters, expense reimbursement forms, fete attraction details, the list goes on and on! So, come on, no playing Minecraft tonight - log onto our website instead to have a squiz! And hey, while you are there you may as well volunteer to help out at the fete!

Words for Wellbeing

School Value—Resilience

Resilience is to persevere and adapt to challenges in a positive way

Antonio Park Primary School Code of Conduct Booklet

I am resilient when I find the classroom work to be challenging but I keep trying.

I am resilient when I fall over in the playground but get up and keep going.

I am resilient when I miss mum and dad but I come to school anyway to have fun and learn.
### Aussie of the Week Awards

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>1SP</td>
<td>Olivia</td>
<td>For being such a superstar in Maths last week! It was fantastic to see you sharing information about our graphs with the class. Well done Liv!</td>
</tr>
<tr>
<td>1EA</td>
<td>James</td>
<td>For the interesting questions he asked during sharing times last week.</td>
</tr>
<tr>
<td>1LC</td>
<td>Akybe M</td>
<td>For approaching all learning tasks with a positive attitude and always striving to produce your best work.</td>
</tr>
<tr>
<td>1SG</td>
<td>Liam H</td>
<td>For a brilliant start to school. You approach all tasks with a positive and responsible attitude. Well done!</td>
</tr>
<tr>
<td>2BC</td>
<td>Hudson G</td>
<td>For being a responsible Environmental Leader.</td>
</tr>
<tr>
<td>2BW</td>
<td>Amara L</td>
<td>For having a positive ‘can-do’ attitude and listening attentively in class.</td>
</tr>
<tr>
<td>2CN</td>
<td>Samantha I</td>
<td>For her wonderful, positive attitude to learning. You are a pleasure to teach Samantha.</td>
</tr>
<tr>
<td>2JS</td>
<td>Jacoby</td>
<td>For helping and guiding others in our grade.</td>
</tr>
<tr>
<td>2LM</td>
<td>Jacob D</td>
<td>For working hard during maths lessons to learn his place values. Great work Jacob!</td>
</tr>
<tr>
<td>2MN</td>
<td>Chloe G</td>
<td>For your fantastic recount of your trip to the waterslide. Your handwriting is amazing! Keep it up.</td>
</tr>
<tr>
<td>3AB</td>
<td>Amber R</td>
<td>For demonstrating empathy towards members of the class! You always take an interest into the wellbeing of others! Keep it up Amber!</td>
</tr>
<tr>
<td>3DH</td>
<td>Connor</td>
<td>For the fantastic effort you put into your Museum excursion recount. It was great to see you put so much detail and thought into your writing.</td>
</tr>
<tr>
<td>3KT</td>
<td>Austin D</td>
<td>For your engaging and descriptive recount writing. Our conferencing is always enjoyable, keep the great ideas coming.</td>
</tr>
<tr>
<td>3JD</td>
<td>Jamie</td>
<td>For demonstrating enthusiasm during writing sessions and showing pride in his recount about our excursion to the Museum. Very impressive!</td>
</tr>
<tr>
<td>3NA</td>
<td>Jacinta Kennedy</td>
<td>For displaying a positive approach towards your maths activities and accurately setting out your worded problems.</td>
</tr>
<tr>
<td>3RM</td>
<td>Jamie Q</td>
<td>Wow! Your confident approach to your writing has produced an entertaining, beautifully structured piece.</td>
</tr>
<tr>
<td>4CH</td>
<td>Maggie L</td>
<td>For being a cooperative and reliable member of the class and producing a high standard of work.</td>
</tr>
<tr>
<td>4BR</td>
<td>Liam P</td>
<td>For your fantastic thoughts, ideas and contributions to our grade! You are a legend!</td>
</tr>
<tr>
<td>4CE</td>
<td>Jess J</td>
<td>For growing in confidence with your work. Your ability to ask direct questions helps you further your understandings. Keep it up.</td>
</tr>
<tr>
<td>4KD</td>
<td>Ti-Ana</td>
<td>For your focused approach to homework this year. You are a great role model to others.</td>
</tr>
<tr>
<td>4RF</td>
<td>Jasmine J</td>
<td>For your fantastic effort with your group on your work origin study. Your enthusiasm was contagious and I can’t wait to see the finished product of the book you are creating. Well done Jas!</td>
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### Performing Arts

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<th>Student</th>
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<tr>
<td>Evan M</td>
<td>For his awesome skills with the spinning plate.</td>
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Group Exercise Classes in Antonio Park!

People of all ages need to do some form of resistance training!

- Your body really DOES burn more calories maintaining muscle than it does maintaining fat.
- This means that YES, the more muscle you build, the more calories your body will naturally burn each day on its own.
- Which means that building muscle DOES increase your metabolism.
- And this all means that building muscle definitely has the potential to help you lose fat.

Get Active, Get Fit, Lose Weight, Get Motivated!