Dear Antonio Park Families,

2017 Prep Enrolments & Prep Transition program

Term 3 sees the school confirming enrolments across all levels, especially Prep. Those families who have not enrolled their prep child for 2017, please do so as soon as possible. It will assist us greatly with the planning, preparation and running of this year’s Prep Transition program and it will assist us greatly with planning for 2017.

Visitors to APPS

APPS has a lot of community involvement, ranging from parents who help in the classroom on a daily basis, mums and dads assisting in great events such as our production, the lovely Little APPS, to external visiting support teachers. The Department of Education and Training (DE&T) requires all schools to have in place a process where a school has a record of who is on site during the school day. The purpose of this is for the safety of students, to ensure students know the adult on site is on site for approved school work. The other aspect is that in the event of an emergency evacuation, we need to be able to account for everyone.

To be in line with DE&T requirements, when visiting the school, whether you’re here for a short time, e.g. dropping your child off to the classroom after an appointment or here for the day helping, we require you to sign in and wear a visitor’s badge. Our sign displayed in the front reception area outlines the rationale and purpose:

- Keeping our students safe. Wearing a visitor’s badge tells our students and staff that the adult is on site for approved school business.
- We need to be able to account for all persons on site in case of an emergency evacuation. The sign in/sign out book enables us to do this.
- Equally important - it is lovely to have a record of how mums and dads support our programs!

Large scale events such as whole school assembly, athletics carnivals, etc. do not require people to sign in.

SUN SMART

Parents are reminded that it is school policy that all children wear a school broad-brimmed hat when outdoors from the beginning of September to the end of April. We have entered a time of the year when all of us are particularly vulnerable to the sun’s harmful rays.

Punctuality

It is great to see students at school prior to the first bell at 8:55 a.m. The students enter their classroom to put their bags away and organise their things for the day. The learning and teaching program commences promptly at 9:00 a.m. for our students. It is very important for students to arrive at school on time as they will miss out on the revision of existing skills and the introduction to new skills.

We understand that there are rare occasions due to special appointments or other reasons for being late. This won’t impact on a child’s learning and progress at school. However a regular late arrival is detrimental to a child’s learning. When a child enters the classroom late, it disrupts the learning of other students and the program being delivered by the teacher. Punctuality is very much part of a strong work ethic and work habits. It is a life skill students must learn in preparation for life as a working adult.

Karen Patten

Our School Values

ERRIC

Empathy   Responsibility   Resilience   Independence   Confidence

Congratulations to everyone celebrating a birthday this week.

Aussie of the week

Production Rehearsal

Please be aware that the buses for Production Rehearsal will be parked out the front of the school on Tuesday morning at drop off time ready for a 9am departure.

This will mean that parking spaces will be more limited than usual.

We thank you for your understanding.
You Can Do It – Parenting
Encouraging Kids to Take the Perspective of Others

Most children are not renowned for empathy. When it comes to seeing another child’s perspective or understanding their feelings, a very young child’s ability to empathise is yet to develop. Coming to understand that others have thoughts, perceptions and feelings that are separate from their own, along with the ability to explicitly infer these mental states in others, are important developmental milestones for kids.

Researchers at the University of Western Australia undertook a study to see if parenting practices contributed to a child’s ability to empathise. The study investigated whether more empathic mothers are more likely to encourage their child to take the perspective of others and whether this would be associated with increased child empathy and prosocial behaviour.

Key findings:

- The development of children’s cognitive empathy skills is influenced by parenting practices.
- Mothers who more regularly take the cognitive (thinking) perspective of others are more likely to encourage their child to do the same, and this facilitates a child’s ability to take the cognitive perspective of others.
- The development of cognitive empathy skills enables children to become more responsive to cues about the thoughts and feelings of others, and this heightened sensitivity facilitates sympathy, which motivates prosocial behaviour.
- In the interests of their kids’ prosocial behaviour, parents should encourage their children to take others’ perspectives as well as practising warm/sensitive/responsive parenting, particularly in infancy.

Things you can do:

- Discuss book or media stories as opportunities for kids to practise recognising the perspective of others – what do the characters in the story think, believe, want or feel?
- Play games where you the parent pull a face or act in a certain way so that kids can identify and empathise with the emotion or body language being displayed. Then give the kids a turn and you do the guessing.
- Role model tolerance and acceptance of diversity.
- Talk about how beliefs, thoughts, desires, and emotions can motivate behaviour.
- Be selective with terminology when assessing inappropriate behaviour of others.
- Initiate discussions about other kids living with disadvantage and disability.
- Help your kids to understand that the world doesn’t revolve around them – encourage chores and helping around the house.
- Encourage talk around the ‘how would you feel’ theme by helping kids discover what they have in common with other people. Encourage them to tell you how they would feel if they were that person being victimised, bullied, or ignored.
- Raise awareness of ways that kids can help other kids – simple acts of sharing, caring, helping, cooperating.
- Help kids develop an A-Z of feeling words.


Takeaway from Professor Michael Bernard:
Teaching kids how to empathise and take on board another’s perspective are skills that can be learned from infancy. When kids have secure attachment relationships they are more likely to empathise and offer support to other kids in distress.

What’s Happening in Level 1?

Excitement in Level 1 is mounting as we are now only a few days away from production. Students had another opportunity to practise their dances during our whole school rehearsal and they were fabulous! You are in for a treat next week!

In Literacy we will be revising the letters and sounds we have learnt this term. During mathematics we will be continuing to develop our subtraction skills.

Swimming is coming up next term. A note went home earlier this week and payments are due by October 7.

Have a great weekend.
Elizabeth, Stacey, Mitch and Rachel
What’s Happening in Level 2?

What a great week in Level 2!

On Tuesday we enjoyed an excellent incursion with ‘Coach Approach’! Each class took part in learning 4 sports, taught to us by professional athletes. Students played lacrosse, learnt some hip hop moves, juggled and practised some taekwondo moves. Have a look at the photos below to see what we got up to!

We would like to say thank you to all of those parents who helped with swimming over the last 4 weeks. We very much appreciate all of the support!

Production is fast approaching, all students should have their costume at home. Please keep these safe until the performance nights. Information on drop off and pickups, makeup and hair will be coming home via your parent liaison. Keep an eye out! We can’t wait for production and for you to all see our dancing and singing! A reminder the bus money and permission form for Tuesday’s rehearsal at Yarra Valley needs to be returned to school ASAP if it hasn’t already.

Our literacy focus for the remainder of term will be Predicting. Good readers predict before, during and after reading. When reading take home books at home, encourage your child to make predictions as they read. Don’t forget to use clues from the text and prior knowledge to help!

We hope you all have a great week and a restful weekend before production week,

The Level 2 team

What’s Happening in Level 3?

Congratulations to all the students who participated in Hoop Time yesterday. They had a great time competing against students from other schools.

With only one week left of Term 3 we are busily winding down our Happy and Healthy unit. The presentations of the students’ country assignments have been outstanding and it has been great to hear just how much they have learnt about other countries throughout the world.

After months of hard work our production is almost here. We had another whole school rehearsal this week and are ready to shine over both nights next Tuesday and Wednesday.

Production
We have had another busy week in Level 3. Production rehearsals are well underway and the students have been working hard and taking on feedback to make improvements.

Graduation
Date for your diary – 14th December 2016.
Cost $55. Not to be paid until further notice!

Hoop Time
Congratulations to all of the students who participated in the Hoop Time competition on Monday. All students demonstrated sportsmanship and enthusiasm. It was great to see students encouraging each other and showing support towards all APPS teams.

What’s Happening in Level 4?

Production
We have had another busy week in Level 4. Production rehearsals are well underway and the students have been working hard and taking on feedback to make improvements.

Graduation
Date for your diary – 14th December 2016.
Cost $55. Not to be paid until further notice!

Hoop Time
Congratulations to all of the students who participated in the Hoop Time competition on Monday. All students demonstrated sportsmanship and enthusiasm. It was great to see students encouraging each other and showing support towards all APPS teams.

Notices
A friendly reminder that swimming permission envelopes, medical forms and payments are due in next Thursday.

Permission envelopes for our whole school production rehearsal at Yarra Valley need to be returned to your classroom teacher as soon as possible.

Have a great week
Jana, Bonnie, Christine, Lauren and Cathy.
Hoop Time Student Reports

Antonio Angels was our team name and in our team there was Kai, Charlotte, Dion, Nick, Billy, Harry, JP and myself. We started our day with a great game of basketball and a win, then we played another three games and they were tough. We played our best but lost them.
Dion was a stand out on our team. He was the one who shot most of the goals. JP was great with the rebounds. The team played well together, we all had a fun day and enjoyed Hoop Time.
Thank you to the teachers for their hard work and the parents that gave up their time to make this day possible.
Madi G

On Monday the 5th of September I played Hoop Time for the Antonio Park Avalanches with Kuan, Pat, Sienna, Oscar, James and Hannah. We Won 2 games, drew twice and lost once. Overall I had heaps of fun and I wish I could do it again.
Nick S

I was in the all star team. Our Team consisted of Joel, Austin, Connor, Jaz, Fletcher, Nathan, Elijah, Hunter and myself. We had a great day with our score being 1 win, 2 losses and 1 draw. We luckily made it to the semi finals but got knocked out by Sacred Heart. Our main goal scorers were Joel and Connor. Unfortunately we didn’t succeed in getting through to the next level but we all tried our best and had fun.
Riley

On Monday our team the APPS 76s played an amazing 4 games of Hoop Time basketball. We lost 1 game but won the rest. Some of the highlights were Fletcher’s amazing shots and Kane with the great defense. Tom and Hannah did some great passes across the court. Overall we had so much fun and played really well.

Last week the level 4s participated in Hoop Time. On our team we had Jack, Dawinn, Jaime C, Alana, Liam, Lachlan. Milly, and myself. Our team name was the Antonio Park Atoms. We played 5 games that went for 13 minutes each and they were all very intense! Some highlights of the game were when Jamie did some ‘ankle breaking’ while dribbling up the court and when Jack was scoring ‘lay-up’ after ‘lay-up’. I even got ‘nutmegged’ by another player while I was defending them! Unfortunately, we lost our first 2 games by just a few points but luckily we won the next three games. We were able to smash them! We wouldn’t have been able to win if we didn’t have determination and such an amazing team.
By Nelson S
You wouldn't send your kid to a sleepover without telling the parents about your kid's allergies or bedtime bugaboos. Why not use the same logic with screen time rules?

We know it's hard to do. It can feel like you're being judgmental or don't trust the other person to take good care of your child. But if you have strong preferences about what and when your child consumes media, you need to speak up even when you're not around to supervise. Each situation calls for a different strategy. (And don't forget to empower kids to talk to caregivers about what they are and aren't comfortable watching, playing, or reading.)

Here are 7 ways to express your wishes to babysitters, friends, and relatives.

**The Babysitter**

**Check in.** Your kids might love the teenage babysitter who brings candy and lets them play on her iPhone, but when it comes to your house and your kids, it's important to speak up for what you expect. Besides, if she wants more babysitting gigs, it's helpful for her to know where you stand on everything from bedtime to posting pictures of your kids online.

**Be specific about what is and isn't OK.** "I don't want them watching any TV at all, but they can play 30 minutes of video games before dinner." Or prepare them for the challenges you think they'll face: "My daughter will probably ask you to read *Goosebumps* before bed, but please ask her to choose a different book instead. I don't want her to have nightmares."

**Relatives**

**Be clear.** Uncle Bob may love your kids but have no clue that *Grand Theft Auto* isn't your idea of age-appropriate gaming. And how about the aunt whose taste in books leans toward the romantic? Help relatives (and yourself) by speaking up about your media rules. Say: "We're only watching G-rated movies in our house right now." Or: "I liked the book you got for Danny last year. He's probably ready for the next in the series."

**Do damage control.** If your sister tries to be cheeky and buys your daughter a "How to Flirt" book, explain to your daughter that you'll have to keep it until she's older, even if she gives you the stink eye.

**Your Spouse**

**Stay flexible.** You may have had a great plan for how and when your toddler could watch TV or play with the iPad, but as she gets older, new choices open up.

**Compromise.** You have to agree on some basics so you can present a united front to the kids. Often one parent is more lax, and this can really irk the more restrictive partner. Hopefully you can work out something you both can live with. Just make sure to have this conversation behind closed doors. Try: "I'd like to start eating dinner at the table instead of in front of the TV. How do you feel about that?"

**Fix mistakes.** If one spouse breaks the agreement, hash out the issue after the kids are in bed. "We agreed the kids weren't ready for PG-13 movies. I'm upset that you took them to see *Teenage Mutant Ninja Turtles* after we'd made that agreement. How can we talk to the kids about this change to our rules?"

https://www.commonsensemedia.org/blog/how-to-tell-relatives-teachers-babysitters-and-even-your-spouse-your-screen-time-rules
COMMUNITY NOTICES
(Please check the Community Noticeboard for further details)

• **Ringwood Little Athletics** Saturday 10th September 1.30-3.00pm at Hagenauer’s Reserve, Elgar Rd, Box Hill. Ages 5-15 years, season starts 8th October. Visit www.rlac52.com.au for more details.

• **Rep Basketball – Take it to a new level.** Ringwood Hawks are commencing Try-outs for the 2016-2017 season on Sunday the 2nd of October. We are particularly interested in Girls and Boys born 2006 or after to join our under 12 program. For further details or information, please email Joe Egan at jmegan_2@bigpond.com

• **Heatherdale Cricket Club** is looking for girls to join the club in our U13 & U15 division. Contact Adrian St John Email: adrian@pakaflex.com.au Mobile: +61 419 001 749

• **Hook in 2 Hockey**-Doncaster Hockey Club is running a free ‘Come and Try’ cling for boys and girls aged 6-13 years. Wednesday 5th October at 5pm. Visit www.doncasterhockeyclub.com.au for more details.

• Is your child Maths confident? Mitcham Community House is offering the Japanese system of learning maths using a Soroban abacus for children in Primary School. Tuesday’s 4-5, 4 Oct– 29 Nov Cost of $80. Visit www.facebook.com/whitehorsehistory

• **City of Whitehorse Heritage Family Day**, Sunday 11th September 11am-4pm, Schwerkolt Cottage & Museum. Ph 9873 4946 or visit www.facebook.com/whitehorsehistory

• **Heatherdale Tennis Club** is celebrating its 50 year anniversary. Saturday 22nd October 5-11pm. Finger food provided and drinks at bar prices and Sunday 23rd October 11am-3pm. RSVP by 16th October to Kelly 0411 471 501 or Janette 0413 831 563

• **Footsal Oz** in Mount Evelyn is starting up a women’s team on Tuesday evenings and Thursday mornings. Call 1300 788 799 or email ilona@futsaloz.com.au

• **Nunawading Little Athletics** Open day Saturday 24th September 10am-12.30pm, Bill Sewart Athletics Track. Visit www.lan.asn.au for more information

• **City of Whitehorse** is offering a huge range of school holiday activities. For full details see the flyer on the noticeboard in the foyer

• **Yarra Valley Grammar** is running Community Photography Competition. 1st prize is $150 Eastland voucher. Visit www.yvg.vic.edu.au/photocomp

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**For Cricket Nets.**

We are very excited to announce the completion of both our Cricket Nets and extended Goat Fence. A big thank you to all who assisted with these projects. A special thank you to Harry Minklis who generously volunteered his time and equipment to prepare the area around the Cricket Nets. These two exciting new additions to our school are a product of fundraising from the 2015 Walkathon. Thank you again to all the families who took part in the fundraiser.

**District Athletics**

On Tuesday 30th of August, Level 3 and 4 students attended the Ringwood North District Athletics. We are proud to announce the APPS team managed to secure 2nd position in the District for overall points. A big congratulations to the following students on their efforts in qualifying for Division level Athletics in Term 4.


Ben Clark
Phys Ed
DVD SALES

On Tuesday DVD envelopes went home with the eldest in each family. The production will be filmed on both nights. The cost of DVDs this year is $25. Spare envelopes are located at the office. Please return the envelope and payment by Thursday 15th September.

HAIR AND MAKEUP

Information regarding hair and makeup will be sent out via parent liaisons by the end of the week.

GEORGE WOOD - PICK UP AND DROP OFF POINTS

Information regarding pick up and drop off points will be sent out via parent liaisons by the end of the week.

These two emails are very important so please be on the lookout for them and please read them very carefully. Any questions can be directed to your child’s teacher.
PIRATES
OF THE
CURRY BEAN

Tuesday, September 13, 2016
&
Wednesday, September 14, 2016
7.00pm (sharp)

Venue:
Yarra Valley Grammar
George Wood Performing Arts Centre
Kalinda Road, Ringwood

TICKET SALES ON-LINE

Tickets will be available from TryBooking, a secure service for our ticket sales. It’s easy to book:

Click on this link http://www.trybooking.com/219337

1. Choose the performance
2. Select your seats and tickets
3. Click ‘checkout’ and pay with your credit card
4. We’ll send you confirmation by email with your tickets attached
5. Print out your own tickets to bring with you to the production

Important Information

• Tickets go on sale September 1 – September 8. During this period 6 tickets per family per night will be available to purchase
  At the time of purchase you are required to enter your eldest child’s name and class.

• From September 9 onwards any remaining tickets can be purchased with no limit applying.

• On-line Bookings close at 4.00pm on the day of the performance.

Ticket Pricing

• Adults $15.00
• Child/concession $10.00
• A 30 cent per ticket booking fee will be added to your purchase.
Aussie of the Week

1EA  Riley  For learning our production dance so quickly after your holiday.
1MN  Annabelle  For dancing so well in our production dress rehearsal. You are so enthusiastic and know all the moves!
2AF  Eddy  For being a thoughtful and caring friend. You are a wonderful classmate to have around!
2BC  Cooper  For his dedication to our production dance. You have shown great listening skills Coop!
2BW  Aidan  For terrific work in literacy sessions. It’s great to see you applying your knowledge and striving to learn new skills!
2CC  Carin  For showing great improvement in everything you do at school! You always try your best and your hard work is paying off! Well done!
2JS  Makayla  For an excellent acrostic poem, Let’s Get Healthy
2KD  Arabella  For the confidence you have shown when collecting data. You should be proud of how you persisted and recorded your results on a detailed tally sheet. Well done.
2TR  Haydn M  For the perseverance you show with your handwriting and spelling, keep up the great work Haydn!
3CH  Scarlett Y  For creating a well-structured Haiku poem titled Trees, demonstrating a solid grasp of fractions and being an extremely positive and cooperative member of 3CH. Fantastic week Scarlett!
3DH  Micah  For always putting in 100% to everything he does. You are a great worker and friend to everyone. Well done Micah!
3KS  Frankie B  For consistently putting in 100% to all of your learning tasks. You should be very proud of the effort you put in to your work. Keep it up Frankie!
3LW  Isabella  For writing a very creative and entertaining limerick. Keep up the fantastic work!
3NA  Mia  For showing persistence with your understanding of fractions and accurately converting mixed numbers into improper fractions.
3RM  Charlotte  For consistently working hard in class to ensure all your work is completed in a timely manner. Keep up the fantastic participation.
4BR  Chloe L  For having a positive approach to maths tasks. You are not afraid to give new activities a go and use workshops when you need a refresher. Keep up the great attitude!
4CE  Jasper S  For putting in 100% to our class production dance. Your facial expressions are fantastic and you are always finding a new way to make us laugh!
4BR  Billy S  For picking up the changes in our production dance after being away. You watched what was going on around you and slotted in easily. Great job!
4CN  Corey  For your great effort in our class production dance. You have persevered and achieved super results.
4JD  Tom  For demonstrating positive work habits when completing his mini inquiry project. Keep up the great work Tom!
4LC  Elijah  For demonstrating an excellent attitude towards achieving your learning goals in Maths. You continue to challenge yourself and seek support when needed.
BASKETBALL CAMPS

BASKETBALL BASICS
MONDAY 19 SEPTEMBER & TUESDAY 27 SEPTEMBER
9:00AM - 3:00PM BEGINNERS

FUTURE STARS
TUESDAY 20 SEPTEMBER & THURSDAY 29 SEPTEMBER
9:00AM - 3:00PM DOMESTIC PLAYERS

POST CLINIC
MONDAY 19 SEPTEMBER
9:00AM - 1:00PM DOMESTIC & REP PLAYERS

GUARD CLINIC
TUESDAY 27 SEPTEMBER
9:00AM - 1:00PM DOMESTIC & REP PLAYERS

SHOOTING SCHOOL
WEDNESDAY 28 SEPTEMBER
1:00PM - 5:00PM DOMESTIC & REP PLAYERS

REP PREP
WEDNESDAY 21 - FRIDAY 23 SEPTEMBER
CURRENT & ASPIRING REP PLAYERS

REGISTRATION FORM

PLAYER NAME__________________________ MALE / FEMALE__________
D.O.B. ________________________________ MECA Club__________
ALLERGIES ______________________________ MEDICAL NOTES__________
PARENT / GUARDIAN__________________________
ADDRESS__________________________________________________________
SUBURB________________________________ POSTCODE__________
PHONE (H)_________________________ PHONE (W)________________________
EMAIL__________________________________________

PLEASE SELECT WHICH CAMPS YOU WOULD LIKE TO REGISTER FOR:

BASKETBALL BASICS
MONDAY 19 SEPTEMBER & TUESDAY 27 SEPTEMBER
9:00AM - 3:00PM 1 DAY $55 2 DAYS $100

FUTURE STARS
TUESDAY 20 SEPTEMBER & THURSDAY 29 SEPTEMBER
9:00AM - 3:00PM 1 DAY $55 2 DAYS $100

POST CLINIC
MONDAY 19 SEPTEMBER
9:00AM - 1:00PM PART DAY $65

GUARD CLINIC
TUESDAY 27 SEPTEMBER
9:00AM - 1:00PM PART DAY $65

SHOOTING SCHOOL
WEDNESDAY 28 SEPTEMBER
1:00PM - 5:00PM PART DAY $65

REP PREP
WEDNESDAY 21 - FRIDAY 23 SEPTEMBER
3X PART DAYS $110

*Permission for my child to attend the above listed basketball camp(s), conducted by NUNAWADING BASKETBALL. I acknowledge that NUNAWADING BASKETBALL takes every effort to ensure the safety of my child and will hold me responsible for any injury or incident that may occur during the camp. I declare that my child is fit to participate in the camp. In the unlikely event that a copy of this form is required, a signed photocopy or scan of this form may be used.

SIGNATURE__________________________________________________________

DATE: ________________________
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Ages 6 - 12

Option 1:
Friday Program
4.30pm - 5.30pm or 5.30pm - 6.30pm
Every Friday from October 7 – December 9

Option 2:
Saturday Program
9.00am - 10.00am or 10.00am - 11.00am
Every Saturday from October 8 – December 10

$75 for the FULL term 4 2016
+ First time participants receive a FREE ball and T-shirt!

To register:
Paul Lankford: info@blackburnbasketball.com.au - 0431 559 893

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Halliday Park, Mitcham

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Tue - 9.30am  
Thur - 9.30am  
Fri - 9.30am

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**Boxing**
Blows off steam, releases your stress and is a ripper cardiovascular workout.

**Strength / Conditioning**
Builds strength and helps you become an Energy Burning Machine.

The program includes a ten week meal plan, weight management tips and plenty of motivation and inspiration.

**Cost: $275 for the Term.**
Payment options can also be arranged with Sarah.

Contact Sarah to book your spot, as places are limited.

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E: info@inspirefitness.com.au

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